

CURRICULUM VITAE

Robert E. Seifer, Ph.D.
Licensed Psychologist
PY 6807

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EDUCATION:

- 8/97- 8/02 Nova Southeastern University
 Center for Psychological Studies (APA Accreditation)
 Fort Lauderdale, Florida
 Doctorate in Clinical Psychology, Ph.D.
- 8/97-5/99 Nova Southeastern University
 Center for Psychological Studies
 Fort Lauderdale, Florida
 Master of Science in Clinical Psychology, M.S.
- 6/92-5/96 University of Florida
 Gainesville, Florida
 Bachelor of Science in Psychology
 With High Honors

ACADEMIC EXPERIENCE

- 8/17 –Present: Associate Professor
 Nova Southeastern University
 College of Psychology
 Department of Clinical and School Psychology
 Davie, Florida
- 2019 –Present: Director
 Performance Enhancement Clinic (PEC)
 Sports Medicine
- Provide mental skills and sport psychology tools to student athletes, coaches and staff at Nova Southeastern University.

Graduate Courses Taught

Adult Psychopathology
Child and Adolescent Intervention
Systems of Psychotherapy
Diagnostic Interviewing
Consultation Supervision
Existential Psychology
Sport Psychology

Sport Psychologist

Provide psychological interventions and performance enhancement techniques for NSU student athletes, coaches and staff.

Sport Psychology Club – Advisor

Academic Injury Mental Health Team AIM (2018 – Present)

Nova Southeastern University
Member – Sport Psychology Consultant
Sports Medicine, Athletic staff and Academic support at Nova Southeastern University relating to the need academic, athletic and mental health needs of NSU student athletes.

Athletics Hall of Fame (2019 – Present)

Nova Southeastern University
Selection Committee Member

8/04–2013: Associate Professor
Lynn University
College of Liberal Education
Department of Psychology
Boca Raton, Florida

Undergraduate Courses Taught

Introduction to Psychology	Orientation to the Study of Psychology
Abnormal Psychology	Honors for Abnormal Psychology
Personality Theories	Personal Growth
Social Psychology	Existential and Humanistic Psychology
Biological Basis of Behaviors	Research Practicum
Psychology of Leadership	Multicultural Issues in Counseling
Senior Seminar	Psychology and Physiology of Substance Abuse
Current Perspectives in Substance Abuse	

International Experience - Academic Program Abroad – Cambodia, Vietnam, Thailand, South Korea and New Zealand

Graduate Courses Taught

Personality Theories	Tests and Assessment
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Community Practicum Counseling Theories and Practice
Diagnosis and Treatment of Childhood/Adolescent Psychopathology

Course Development

Lynn University

Dialog course for Self and Society – All alone is all we are

Test and Assessment – Master in Applied Psychology, Fall 2007

Counseling Theories and Practice – Master in Applied Psychology, Fall 2007

International Experience – Academic Study Tour – Cambodia and Vietnam, Summer 2007

Nova Southeastern University

Psychology and Physiology of Substance Abuse

8/02-5/04: Visiting Professor
Nova Southeastern University
Farquhar College of Arts and Sciences
Department of Behavioral Sciences
Ft. Lauderdale, Florida

Courses taught: Introduction to Psychology, Personality Theories, Senior Seminar, Multicultural Issues in Counseling, Psychology and Physiology of Substance Abuse, Social Psychology, Psychology of Leadership, Human Learning and Cognition and Abnormal Psychology
Online Course Development: Created Psychology of Substance Abuse

1/03–2004: Adjunct Professor
Nova Southeastern University
Center for Psychological Studies

Courses Taught in the Specialist Program for School Psychology, Masters in School Guidance and Counseling and Masters in Mental Health Counseling: Counseling Theories and Child/Adolescent Psychopathology

8/01-7/02: Adjunct Faculty
Nova Southeastern University
Farquhar College of Arts and Sciences
Department of Behavioral Sciences

Courses taught: Social Psychology, Biological Basis of Behaviors, Research Practicum, Multicultural Issues in Counseling, Abnormal Psychology, and Community Practicum

3/00-7/01: Florida International University
Teaching Assistant Masters Level Psychology Courses
Classes taught: Adult Psychopathology, Crisis Intervention, Ethics and

Counseling Skills

POST DOCTORATE RESIDENCY:

9/02- 8/03: South County Mental Health Center
Psychological Services Program
Post Doctorate Resident Psychologist

Conduct academic and psychological assessments; provide outpatient individual and group therapy, and crisis services for children and adults with a variety of concerns and problems.

Supervisor: Sherry Roth, Ph.D. and Stacey Lambert, Psy.D.

INTERNSHIP:

9/01-8/02: Nova Southeastern University Community Mental Health Center
APA Accredited

Conduct assessments; provide outpatient therapy, and crisis services for children and adults with a variety of presentations and problems. Responsible for the supervision of six doctoral students as well as co-facilitate doctoral level case conference. Serve as intern representative for the internship training committee. Familiar with Medicaid billing and procedural guidelines including documentation and treatment planning for all clients.

Trauma Resolution Integration Program

- Population includes anxiety disorders, dissociative disorders, substance abuse, other addictive and compulsive patterns of behavior, single incident trauma, and the long term effects of childhood abuse.

Supervisor: Steve Gold, Ph.D.

Child Outpatient Program

- Population includes anxiety disorders, behavioral disorders, and mood disorders.

Supervisor: Gene Shapiro, Ph.D.

Adult Outpatient Program

- Conduct intake interviews, individual outpatient psychotherapy with adults using a model integrating supportive/relational, cognitive-behavioral, and psychodynamic approaches. Presenting clinical diagnoses including psychotic disorders, affective disorders, anxiety disorders, substance use disorders, and personality disorders. Clients served are experiencing a wide range of both acute and chronic psychological problems.

Supervisor: Ronald Levant, Ed.D.

CLINICAL:

1/20-Present: Sport Psychologist
Chicago White Sox

Provide psychological performance enhancement for athletes, teams and coaches. Implementation of the POWER Program for Psychological Performance Enhancement, which facilitates his clients' ability to maintain peak athletic performance in their sport. Provide individual, group and team consultation for athletes and coaches interested in increasing their athletic performance and general wellness through the use of psychological principles. Specializing in mental preparation, routine development, increased focus, cognitive restructuring and stress reduction.

6/19- Present: Team Clinician
Miami Dolphins

Team Clinician for the Miami Dolphins organization. Provide clinical service to players and coaches in need of assessment and interventions.

1/11-12/19: Team Sport Psychologist/EAP
Miami Marlins, L.P.

Team Psychologist for the Miami Marlins organization. Created and implemented a psychological performance enhancement program to all the players of the Marlins organization. Provide direct psychological interventions to increase athletic performance minimize stress, decrease anxiety and increase routines. Provide clinical service to players and coaches in need of assessment and interventions. Assessment and treatment for substance use disorders.

8/17-Present: Sport Psychology Provider
Sport Psychologist
Nova Southeastern University

Provide psychological performance enhancement for athletes, teams and coaches. Implementation of the POWER Program for Psychological Performance Enhancement, which facilitates his clients' ability to maintain peak athletic performance in their sport. Provide individual, group and team consultation for athletes and coaches interested in increasing their athletic performance and general wellness through the use of psychological principles. Specializing in mental preparation, routine development, increased focus, cognitive restructuring

and stress reduction. Assessment and treatment for substance use disorders.

7/12 – 9/17: Sport Psychology Provider
Sport Psychologist
University of Miami Athletics

Provide psychological performance enhancement for athletes, teams and coaches. Implementation of the POWER Program for Psychological Performance Enhancement, which facilitates his clients' ability to maintain peak athletic performance in their sport. Provide individual, group and team consultation for athletes and coaches interested in increasing their athletic performance and general wellness through the use of psychological principles. Specializing in mental preparation, routine development, increased focus, cognitive restructuring and stress reduction. Assessment and treatment for substance use disorders.

1/11 –12/11: Team Sport Psychologist
Florida Marlins, L.P.

Team Psychologist for the Florida Marlins organization. Created and implemented a psychological performance enhancement program to all the players of the Marlins organization. Provide direct psychological interventions to increase athletic performance minimize stress, decrease anxiety and increase routines. Provide clinical service to players and coaches in need of assessment and treatment. Assessment and treatment for substance use disorders.

2/08 –Present: Consultant
Sport Psychologist

Performance enhancement skills training program for Olympic, collegiate and professional athletes. Administer, score and interpret psychological evaluations to professional athletes. Provide psycho-education, individual therapy, family therapy and support to players. Provide basic education to adults related to the dangers of drug abuse and provide confidential, independent and expert counseling services. Applied psychological interventions, programs and group workshops with Olympic Medal winners, Olympic athletes, Division I, Division II and competitive high school athletes. Provide multisport interventions for men's & women's basketball, men's & women tennis, baseball, football, track and field, soccer, volleyball, golf, tennis, swimming and diving.

12/03– Present: Robert E. Seifer, Ph.D., P.A.
Boca Raton, Florida
Licensed Psychologist
Private Practice

Provide children, adolescents, and adults individual, group, and family

psychotherapy. Treatment of attention deficit hyperactivity disorder (ADHD) developmentally across lifespan, behavioral disorders, mood disorders, anxiety disorders, psychotic disorders, personality disorders, and resolution of sexual/physical abuse trauma issues including posttraumatic stress disorder. Specialize in psychological assessment, diagnosis and treatment of adults and children with ADHD. Assessment and treatment for substance use disorders. Intelligence, personality, learning disabilities and suitability assessments. Consultations and expert testimony. Sport Psychology.

10/03-8/04: Supervisor of Post-Doctoral Psychological Resident

Provide clinical and professional supervision of post doctorate psychological resident on weekly basis.

9/03- 8/04: South County Mental Health Center
Delray Beach, Florida
Psychological Services Program
Licensed Psychologist

Conduct academic/psychological assessments and individual, group, and family therapy for children, adolescents and adults at community mental health center. Supervise doctoral level students in clinical practicum experience. Population served has wide variety of clinical disorders including mood disorders, psychotic disorders, anxiety disorders, substance abuse disorders, trauma issues, behavioral concerns, and personality disorders.

7/03: Miami Police Department
Psychological Service Request for Proposals
Volunteer Reviewer

RESEARCH EXPERIENCE:

Craig L.L., Seifer, R., stripling, A., Lewis, J. (2019). Not Immune to Mental Health Problems: An Analysis of Student-Athletes Anxiety and Depression Prevalence and Utilization of Mental Health Services. American Psychological Association, Convention.

Seifer, R. E., Riedel, R., Bissett, D. P., Bendjebar, J., Montoya, J. & Nerys Chahin, M. (2008). International Study Tour as an Enhancement of the Psychology Curriculum. Rocky Mountain Psychological Association, Boise, ID.

Seifer, R. E. (2008). How to Get Into Graduate School. Rocky Mountain Psychological Association, Boise, ID.

Poster Presentation: Rocky Mountain Psychological Association, April 2008, Boise, ID.
Bendjebar, J., Riedel, R., Seifer, R. E. (2008). Self-Esteem as a Predictor of Risk Behaviors Involving Alcohol Consumption in College. Rocky Mountain Psychological Association Annual Convention.

Poster Presentation: Rocky Mountain Psychological Association, April 2008, Boise, ID.
Kertesz, H. Bendjebar, J., Riedel, R., Seifer, R. E. (2008). Elements, Prevalence, and Self-Esteem of Infidelity in College Student Relationships. Rocky Mountain Psychological Association Annual Convention.

Seifer, R. E. (2008). International Study Tours within the Academic Context of Higher Education and Experiential Learning. National Social Science Association, Las Vegas, NV.

Bendjebar, J., Riedel, R., & Seifer, R. E. (2008). Self-Esteem as a Predictor of Alcohol Consumption and Risk Behaviors. National Social Science Association, Las Vegas, NV.

Poster Presentation: Lynn University College of Arts and Science, February 2007, Boca Raton, FL. Bendjebar, J, Seifer, R. E. & Riedel, R (2007). Self-esteem and alcohol abuse in college freshmen. Lynn University College of Arts and Science Symposium.

Riedel, R, Ainbinder, D. & Seifer, R. E. (2007). Conversation Hour. Southeastern Psychological Association. Do we need an orientation course for psychology majors?

Gold, S. N., & Seifer, R. E. (2003). Dissociation and Sexual Addiction/Compulsivity: A Contextual Approach to Conceptualization and Treatment. In J. A. Chu and E. S. Bowman (Ed.), Trauma and Sexuality: The Effects of Childhood Sexual, Physical and Emotional Abuse on Sexual Identity and Behavior. (pp 59-82) Binghamton, NY: Haworth.

Gold, S. N., & Seifer, R. E. (2002). Dissociation and sexual addiction/compulsivity: A contextual approach to conceptualization and treatment. Journal of Trauma and Dissociation, 3(4), 59-82.

Dissertation: Seifer, R. E. (2002): Differences Between Attention Deficit Hyperactivity Disorder (ADHD) and Learning Disabled (LD) Children on Memory, Vigilance, and Behavior Measures. Nova Southeastern University, Ft. Lauderdale, FL.

Poster Presentation: International Neuropsychological Society, February 2001, Chicago, IL
Research Topic: Correlation between the Test of Variables of Attention (TOVA) and Conners' Parent Rating Scale (CPRS) in school-aged children for the diagnosis of ADHD.

PROFESSIONAL REVIEW, PRESENTATIONS AND CONVENTION MODERATOR:

Psychological Interventions and Sport Performance. The Inaugural Society for NeuroSports Conference. Society for NeuroSports. November 2019. Deerfield Beach, FL.

Student Athlete Mental Health Signs and Symptoms. NCAA Division II Coaches Meeting. November 2019. Ft. Lauderdale, FL. Nova Southeastern University.

Mental Health and Student Athletes. Levan Ambassadors Board Breakfast Meeting. October 2019. Ft. Lauderdale, FL. Nova Southeastern University.

ExEL Early Immersion Program. Immersion into Psychology: Clinical and Experimental Applications. Sports Psychology Workshop: POWER mentality: Mental performance enhancement in sport and life. October 2019 Ft. Lauderdale, FL. Nova Southeastern University.

Youth Mental Health Sport Forum. Miami Dade County and NFL.
Mental Health Issues in Athletes. Rob Seifer, Ph.D. Clinician, Miami Dolphins Kaleb Thornhill, Director of Player Engagement, Miami Dolphins Usama Young, former NFL Player, Player Manager NFL Moderator: Robin Morrison, District Director, MDCPS/Department of Mental Health Services. September 2019. Miami, FL. Florida International University.

Mind, Body, & Sport: The Counselor and Psychologist Perspective. Robert Seifer, Ph.D.; Dwight Hollier, M.S, LPC, NCC; Julius Thomas; Mindy Dunagan, Ph.D., LPC, NCC; Jamie Tartar, Ph.D. November 2018. Ft. Lauderdale, FL. Nova Southeastern University.

NSU University School Presentation - NSU faculty in speaking to high school athletes about sport psychology and mental health. November 2018. Ft. Lauderdale, FL. Nova Southeastern University

ExEL Early Immersion Program. Immersion into Psychology: Clinical and Experimental Applications. Sports Psychology Workshop: POWER mentality: Mental performance enhancement in sport and life. October 2018 Ft. Lauderdale, FL. Nova Southeastern University.

POWER Program and the Reset. Sport Psychology Club. October 2018. Ft. Lauderdale, FL. Nova Southeastern University.

POWER Program and Sport Psychology. Mental performance enhancement in collegiate athletics. August 2018, Ft. Lauderdale, FL. Nova Southeastern University.
Mental Health Issues in Student Athletes. Mental Health Committee. August 2018. Ft. Lauderdale, FL. Nova Southeastern University.

Program Committee Member. Rocky Mountain Psychological Association Annual Convention, April 2008, Boise, ID.

Moderator for Personality Psychology Oral Paper Session. Rocky Mountain Psychological Association Annual Convention, April 2008, Boise, ID.

PROFESSIONAL AFFILIATIONS AND ACTIVITIES

Association for Applied Sport Psychology, Member 2011, 2012

American Psychological Association, Member 2003, 2004, 2005, 2006, 2007, 2008, 2009 and 2010

APAGS Student Representative for Nova Southeastern University 1999, 2000, 2001

Southeastern Psychological Association, Member 2007

Rocky Mountain Psychological Association, Member 2006 and 2008

National Social Science Association, Member 2008

Florida Psychological Association, Member 2003 - 2010

Key Psychologist

Student Past President of the Florida Psychological Association, 1/00-1/01

Student President of the Florida Psychological Association, elected, 1/99-1/00

Student President Elect of the Florida Psychological Association, elected, 6/98-12/98

Child Adolescent and Family Division Member 1999, 2000

Legislative Affairs Political Board Division Member 1999

Broward County Psychological Association

Member 2003 - 2008

Student Affiliate 1998, 1999, 2000, 2001, 2002

Prescribing Psychologists' Register, Student Affiliate 1997, 1998, 1999

Nova Southeastern University Second-year student liaison to the Ph.D. program representative
Appointed 11/98-10/99

1/95-3/95: University of Florida, Health Science Center
Institutional Review Board Committee Member
Gainesville, Florida
Reviewed scientific and psychological research proposals for Shands Medical Center at the University of Florida. First undergraduate student to be on the committee.

REFERENCES

Available upon request.